**A QUALIDADE DE VIDA DE IDOSOS COM OBESIDADE OU SOBREPESO**

**THE QUALITY OF LIFE OF ELDERLY PERSONS WITH OBESITY OR OVERWEIGHT**

**LA CALIDAD DE VIDA DE LOS ANCIANOS CON OBESIDAD Y SOBREPESO**

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**ABSTRACT**

**Objective**: to evaluate the quality of life of elderly persons with obesity or overweight accompanied in Primary Health Care. **Methods**: a cross-sectional descriptive study carried out with a sample of 27 elderly individuals with obesity or overweight using a sociodemographic-clinical form and the WHOQOL-OLD questionnaire. **Results**: female predominance sex, low education level, married, black and retired within average age of 69.7 years. The majority of the elderly women presented a moderate obesity (50%) and the majority of the elderly men with overweigh (60%), showing that the hip/waist ratio was >85 among elderly women (86.36%) and >90 among elderly men (100%). They presented a regular quality of life with higher impairment in the questions of death and die and social participation. **Conclusion**: the quality of life was affected in the context that involves the end of life and its insertion and social interaction.

Descritores:Obesidade. Qualidade de vida. Idoso. Atenção Primária à Saúde. Sobrepeso.

Key Words: Obesity. Quality of Life. Primary Health Care. Geriatrics. Overweight. Health.

Palabras Clave: Obesidad. Calidad de vida. Anciano. Atención primaria de salud. Sobrepeso.